

School Readiness Quick Checklist

Tick 'Yes' or 'No' for each item. Use this as a one-page quick reference before school admission.

Emotional (separation & comfort)

Item	Yes	No
Stays with a trusted adult without major distress	☐	☐
Shows curiosity about new places/people	☐	☐
Can recover from brief upset within 10–20 minutes	☐	☐
Accepts comfort from a teacher/stranger after initial upset	☐	☐

Social (peers & sharing)

Item	Yes	No
Enjoys or tolerates short play with other children	☐	☐
Can take turns in simple activities	☐	☐
Uses polite words when prompted	☐	☐
Can ask for help or join activity without adult prompting	☐	☐

Communication (understanding & expressing)

Item	Yes	No
Follows simple two-step instructions	☐	☐
Expresses needs with words or clear gestures	☐	☐
Uses short sentences appropriate for age	☐	☐
Listens to a short story or rhyme for a few minutes	☐	☐

Physical (motor & self-care)

Item	Yes	No
Walks, runs, climbs safely	☐	☐
Holds a crayon/marker and scribbles/draws	☐	☐
Manages basic self-care (handwashing, eating)	☐	☐
Can indicate and access the toilet	☐	☐

Cognitive (curiosity & early concepts)

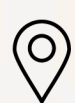
Item	Yes	No
Recognizes some colors and shapes	☐	☐
Sorts or matches objects, completes simple puzzles	☐	☐
Shows curiosity (asks questions, explores toys/books)	☐	☐
Can sit and attend to a short activity for 5–10 minutes	☐	☐



Independence & Routine

Item	Yes	No
Tries small tasks like tidying toys or putting on shoes	■	■
Follows daily routine at home (meals, nap, bedtime)	■	■
Can manage snack/lunch with some independence	■	■
Signals when tired, bathroom, or needs help	■	■

Scoring Guide: 20–24 = Ready | 14–19 = Practice needed | Below 14 = Work on basics / seek advice



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